**Harrogate College Counselling Service**

**Counselling Request Form**

**You will be contacted by the counselling service as soon as possible, by text, phone, email or through your tutor if you prefer.**

|  |
| --- |
| **Date:** |
| **Name:** | **Mobile number:** |
| **Student ID No:** | **Home Phone Number:** |
| **Date of Birth:** | **Email:** |
| **Address:** |
|  |
|  |
| **Post code:** |

**Course Title:**

**Full time  Part time  FE (further education)  HE (higher education)**

|  |
| --- |
| **Who Referred you for Counselling?** |

**Have you used the counselling service before? Yes No**

**Are you currently receiving counselling elsewhere? Yes No**

**When are you available for Counselling?**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **AM** |  | **Not available** |  |  | **Not available** |
| **PM** |  | **Not available** |  |  | **Not available** |

**You can contact the Harrogate College Counselling Service:**

**Telephone: 01423 878340**

**Text: 07860 023367 (text only, no phone calls to this number)**

**Email:** [**listen@harrogate.ac.uk**](mailto:listen@harrogate.ac.uk)